



Northern Illinois Softball Association

10U Division (9 to 10 years old)

All rules and regulations for this league shall follow the IHSA, except for the following additions:

THE PLAYERS

1. Each girl must not sit more than 2 innings per game. Coaches are encouraged to give equal playing time to all players.
2. No girl shall play the same defensive position more than 3 innings per game.
 - i. PENALTY: If a team is found to have violated this rule, the player(s) in violation are required to sit out the remainder of that defensive ½ inning. If the player(s) in violation are currently playing pitcher or catcher, the game clock will stop while the new player gets ready. If there are no substitutes available, the team will have to play short players.
3. Courtesy runner will be allowed for the catcher and pitcher at any time. Courtesy runner will be the last batted out.
4. Continuous batting order will be used. Everyone bats.
 - a. If a player arrives late, she will be added to the bottom of the batting line up.
 - b. If a player must leave before the game ends due to injury, illness or family matters that player is not an out every time her spot comes up in the batting line up. It will just be skipped.
 - c. If a player is injured during her at bat and cannot continue her at bat, this is not an out. Last batted out may complete the at bat.
 - d. If a player is ejected during the game, her spot in the batting line up becomes an automatic out. The player is not suspended for any subsequent games.
 - e. If a coach is ejected during the game, he/she will be suspended for the next game. If coach attempts to be in the dugout coaching at the next game, his/her team forfeits.
5. Teams can play with a minimum of 7 players. If minimum 7 players are not reached, the team will forfeit the game.

SAFETY

1. All defensive players are required to wear a facemask.
2. Batting helmets are required to have a full facemask.
3. Proper Catchers equipment is required.
4. Bats must have USSSA 1.20 thumb print stamp for 10U – 20U.
5. No metal cleats
6. On Deck Hitter must be at the Batter's back.
7. When not playing the field, batting or on deck, the girls should stay in the dugout and behind the fence for their own safety all times.

THE GAME

1. A game shall consist of 6 innings or 1 hour 30 minutes. In weather situations, an official game is 4 innings. (3 ½ if home team is ahead.)

- i. Fall Ball Exception: No minimum number of innings required for official game as there are no standings.
2. No new inning is to be started after 1 hour 30 minutes. Drop dead is 1 hour 45 minutes.. When drop dead time is reached, if inning is not completed then you revert to the score of the previous inning. Ties are ok.

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3. If you complete 6 innings, have a tie and are still under the time limit you may start another inning. Drop dead is still in effect.
 4. There is a 5-run rule per inning. From the 6th inning on, unlimited runs can be scored until the third out is made. There is a 12-run slaughter rule after 4 innings (3 ½ if home team is ahead).
 5. Team chanting and comments can only be directed to players on your own team and must be of a positive manner. NO chanting during the opposing team pitcher's windup.
 6. Each team will play with a maximum of 10 players on the field: 4 outfielders, 4 infielders, pitcher, catcher.
 7. All outfielders must be on the grass prior to the pitch. (For fields with a large infield, then the outfield should be no less than 5FT from the baseline) This is for players safety.
 8. Infield fly rule is not in effect.
 9. Bunting is allowed. The batter cannot take a bunt stance and then pull back and take a full swing at the pitch. If the batter attempts this, she is out. This is for the infielders' safety.
 10. Bases are 60 feet apart.
 11. If a game is cancelled, all attempts should be made between the coaches to reschedule. If the game is not played, it will not count toward the standings at all. Standings will be based on winning percentage.
 - i. See cancelled/forfeit information on NISA overview page ii. Fall Ball Exception: Rain outs or cancelled games can be made up, but it is not required.
 12. If you are short players, you may only recruit from the 8U division. If you recruit a pitcher from the lower level, they can only pitch 3 innings maximum. Recruit bats last in the order and, if not pitching, must play in the outfield.
- If you are short players, you may recruit from within your own division and from the 8U division. This can only be done if you meet the minimum girls. They can't pitch or catch and must bat last in the lineup.

PITCHING

1. The front of the pitcher's rubber shall be 35 feet from the back tip of home plate.
2. Each pitcher is allowed a maximum of 3 innings per game. One pitch constitutes an inning. Pitchers will be allowed 5 warm up pitches before their first inning. Returning pitchers will be allowed 3 warm up pitches before any inning after their first. (Warm up practice by Infield and Outfield is only allowed before 1st inning.)
3. Pitcher will not need to be removed from hitting multiple players with pitches in an inning. (Coaches should use good judgment)
4. Pitching will be IHSA rules.
5. There will be no illegal pitches.

6. There are no restrictions on replacing pitchers. Free substitutions are allowed at any time during the game if PITCHING Rule 2 is adhered to.
7. Coaches are encouraged to teach the girls the following rules. (12U and up, illegal pitches will be in play.)
 - i. Hands apart when Pitcher steps on the mound (ball can be either in hand or in glove).
 - ii. Pitcher brings hand to glove. This is the start of the wind up. (Pitcher is not allowed to separate her hands and bring them together in the glove again.)
8. Per game, a pitcher must be removed from pitching for the remainder of the game on the fourth trip of the coach to the mound.
9. Per inning, a pitcher must be removed from pitching for the remainder of the inning on the second trip of the coach to the mound.
10. THERE WILL BE NO COACH PITCH AT THIS LEVEL.

BASE RUNNING

1. Players should be instructed by their coaches to slide to AVOID CONTACT with another player. This is for the safety of all involved.
2. Slide Rule: (IHSA) NFHS rule 8-6 "The runner is out" if:
 - a. Article 13; the runner does not legally slide and causes illegal contact and/or illegally alters the actions of the fielder in the immediate act of making a play on her.
 - b. Article 14; she remains on her feet and maliciously crashes into a defensive player. Malicious contact supersedes obstruction.
3. When the ball is thrown out of play 2 bases are allowed at the time of the throw. (The base they are going to plus one base.)
4. **Stealing is allowed (all bases) once the ball cross the home plate.**
5. **During a play, base runners can only advance to the base that they are going to once the ball is in control by a pitcher in the circle. Runners between bases when ball is in control by the pitcher in the circle can advance to the next base or return to previous base at their own risk.**
1. **Dropped third strike is not in effect.**
2. **Look Back Rule is not in effect.**
3. **When the ball is overthrown or the ball is thrown out of play 2 bases are allowed at the time of the throw. (The base they are going to plus one base.) a Example. Example: runner at 2, ball is overthrown to one, that girl could go from 2 home.**

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